

For Immediate Release:

**LOCAL COMPANY TO OFFER FREE SHREDDING SERVICES TO THE
GENERAL PUBLIC AS PART OF A NATIONAL CONSUMER AWARENESS
INITIATIVE**

May 20, 2009

Reston, VA. Incred-A-Shred will join Long and Foster to provide free shredding services to the general public during an event that will highlight the importance of protecting discarded personal information. Incred-A-Shred will have one of their mobile shredding trucks available to shred confidential and personal documents on-site.

The event will be held on Saturday, May 30th from 9 am to 1 pm at Long & Foster Real Estate, 1831 Wiehle Ave, Reston, VA. Members of the public should bring their confidential materials, which will be destroyed free of charge.

For more information:

Contact Long & Foster, Maureen O'Hara at 703-437-3800.

About Incred-A-Shred:

Incred-A-Shred is a locally owned and operated on-site document and media destruction company. They are headquartered in Baltimore. They have a fleet of mobile shredding units that service the state of Virginia, Pennsylvania, Maryland, Delaware, and Washington, D. They service commercial, government, and residential customers. For more information call 1-888-467-4744 or visit the web at www.Incred-A-Shred.com.

For reports about what happens when discarded information is not properly destroyed, go to www.naidonline.org/news.html

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